

Hello 2017 GCBS 4.4 Swim Entrants,

**PLEASE READ THIS EMAIL COMPLETELY!** There are still many WHO HAVE NOT SUBMITTED THEIR REQUIRED 4.4 SWIM DOCUMENTATION.

Unless, you submitted a request for a submission extension, and received a confirmation reply from me with your extension date, everyone else listed is way overdue.

1. If you see your name on the attached [“GCBS Document Due Name List”](#), and you believe you submitted it (you would have a received confirmation from me) **RESUBMIT IT NOW.**
2. **I must have your overdue swim documentation no later than March 17, 2017.** ALL RECEIVED THE DIRECT LINK TO THE ENTRY GUIDELINES-INSTRUCTION DOCUMENT. PLUS, IT IS STILL POSTED ON OUR SITE.
3. Once again here is a direct link to the 4.4 entry instruction document sent to everyone when the lottery name registration opened. [SEE PAGE 4 & 5 WHICH DETAILS SWIM DOCUMENTATION MANDATORY REQUIREMENTS.](#)
4. **The importance of swim documentation has been stressed since day one.** It is a **mandatory requirement for in-water safety guidelines** when you take on such a challenging 4.4 open water swim.  
*NO DOCUMENTATION – NO SWIM.*
5. **Any 4.4 overdue entrant, who does not submit their swim documentation, by March 17, 2017,** will have their entry fee refunded. The event accountant will process and mail the refund check, minus the \$25 processing fee, directly to your address on record.
6. The One Mile Bay Challenge is now open to direct on-line entry. Entry fee \$60. A completed 2017 One Mile Bay Challenge can also serve as a swim qualification document for the 2018 GCBS 4.4.

[CLICK HERE TO VIEW YOUR 2017 GCBS 4.4 TIMELINE FOR SWIMMERS AND SPECTATORS](#) (FIRST PLEASE READ THE REST OF THIS COVER EMAIL):

1. PLEASE READ IT COMPLETELY! Very important parking instructions. The document contains helpful links. I am not going to detail it, just please open and read, and follow the mandatory instructions.
2. **Within the attached timeline, is a direct link to the GCBS Champion’s Challenge Charitable Contributions form.** It contains directions for those who want to participate. It is this program, which gives to those who participate in a set level, The GCBS Charitable Early Bird Designation. This level permits all Early Birds to completely by-pass the 4.4 lottery name registration process, and name selection rounds process. Early Birds are given a special code which permits them direct online entry to complete their entry form, and fee payment.

**The attached 4.4 timeline will prove to be one of your most important components to assure a smooth swim day process from** directions, lodging links, arrival, parking, bus shuttles for swimmers and spectators, swim packet check in, in water instructions, and post swim info. Logistics at Sandy Point State Park, and at Hemingways Marina are detailed.

**THE DEADLINE TO REQUEST A GCBS 4.4 ENTRY FEE REFUND IS APRIL 15, 2017.** Requests are to be emailed directly to me at my contact info. below. I will initiate the request with the event accountant who will process the check, minus the \$25 processing fee, and mail it directly to your address on record.

For the hundreds of volunteers and the many groups coordinating your in-water safety, **it is imperative that you follow all instructions contained within the 4.4 Timeline.** By your GCBS 4.4 entry, you are committing to all that a long distance, open water swim will present on swim morning: weather – wind, tides, temperatures and how it changes as your progress through the course. It’s not “just” the distance, but all that will test you with both physically and mentally. This is what makes a long-distance swimmer so very special!

After the April 15<sup>th</sup> refund date, swim wave cap colors will be posted. We will also post your assigned swim race number.

We look forward to an exciting and awesome swim day for everyone! Following the timeline instructions will be a very important step in assuring the armada of volunteers in and out of water -- help you all to realize the thrill of completing the 2017 GCBS 4.4. A gem in the crown of all long-distance swimmers.

On behalf of Chuck Nabit, GCBS Director -- Stay healthy, train smart, support your fellow swimmers . . . and we all keep moving forward to swim morning. See you "on the beach" June 11, 2017!

Linda Toretsky

GCBS

Swim Processing Coordinator

Direct Email: [lindat@linmarksports.com](mailto:lindat@linmarksports.com)

Web Site: [www.linmarksports.com](http://www.linmarksports.com)

Your Main Resource for All GCBS Pre and Post Swim Info.

The Timeline link will also be featured on our website homepage under the Announcement column