The Great Chesapeake Bay Swim - 4.4 Mile Swim Timeline
June 11, 2017
Hemingway’s Marina at the Bay Bridge Marina, Eastern Shores of the Twin Bridges, Exit 37 S. off Rt. 50, Pier One Road, Stevensville, MD 21666

ALL 4.4 & 1 Mile SWIMMERS & SPECTATORS ARE TO FOLLOW MANDATORY PARKING INSTRUCTIONS located on Page 4 of this document.

5:00 AM *MOD Volunteers for Swim Check-in/Packet Pick-up Staff arrive at Sandy Point State Park – at the top of the field - behind the public restrooms, next to the parking lot.

*Water craft Volunteers Meet at Sandy Point State Park, Beach House

5:00 – 7:00 4.4 Shuttle buses depart from the Park & Ride on the eastern side of twin bridges, on Rt. 8, Stevensville, MD 21666 SIGNS WILL BE POSTED Only registered 4.4 swimmers may utilize the buses with 4.4 signs in windows.

There will be no bus service returning to Sandy Point State Park after the swim. No spectators permitted on 4.4 shuttle buses going to Sandy Point. NO PETS PERMITTED ON PARK GROUNDS, THEY WILL NOT BE PERMITTED THRU THE PARK ENTRANCE!

ALSO, the start area at Sandy Point State Park, is well over a mile from park entrance. It is not feasible to drop swimmers off and expect them to walk that distance to the beach start area. Any spectators driving to Sandy Point State Park to view the swim start, will also be charged a park entrance fee at the entry booth. This process can have a large back-up.

5:30 Beach Start fencing to be set-up.

5:30 – 7:30 Packet Pick-Up, Body Marking at Sandy Point State Park
Photo ID mandatory! This includes parent/guardian accompanying swimmers under 18 yrs. old! Minor’s may use school i.d. or copy of birth certificate. *See final page regarding bag-drop return to swim finish at Hemingways Marina.

After receiving your swim packet please go directly to the body numbering volunteers next to the check-in tables.

7:30 Pre-Race Swim Meeting – Conducted by swim director, Chuck Nabit
who will give all in-water swim info. relating to support boats, refreshments boats, current condition, water temp., and guidelines on staying the course under the twin bridges span.

ALL SWIMMERS MUST BE PRESENT AND READY TO GO DIRECTLY TO THE START BEACH DIRECTLY FROM THE SWIM MEETING. This is not the time for anyone to still go to the bag drop area! Come to the pre-swim meeting – ready to swim,
Beach and Water emptied and Start security in place

8:00

**Wave 1 – check in begins inside the fenced beach.**
ALL SWIMMERS MUST WALK OVER THE SCAN TRACKS AS THEY ENTER THE SWIM START AREA. ALL SWIMMERS ARE RECORDED AS ENTERING THEIR START.

MANDATORY!! DO NOT SWIM FROM THE WARM UP AREA, DIRECTLY TO WHERE YOUR WAVE IS SCANNING AND WAITING AT THE BEACH START. WE WILL NOT HAVE YOU RECORDED AS ENTERING THE WATER!

IF YOU ARE SEEN DOING THIS BY VOLUNTEERS, YOU WILL NOT BE PERMITTED TO SWIM. More on this procedure on final page of the timeline.

**NOTE: Start beach will be set up with two walk-over scan areas:**
One - for swimmers **not wearing** a wetsuit
Second - for swimmers **wearing a** wetsuit
They will be signed. Once a swimmer is scanned and at the start water line, THEY MAY NOT depart the start beach, without giving their ankle timing band, and swim cap to LINDA within the scanning beach area.

Final boat check in – command post up and running
Medical support all ready Start Side

8:20 Wave 1 – Lead Boat in position

8:30 Wave 1 – STARTS*

8:31 Wave 2 – check in begins at start pen
Wave 2 – Lead boat in position

8:45 Wave 2 – STARTS*

8:50 Break down start beach timing equipment

9:15 Bulk of Swimmers around Mile 1

9:20 GCBS Staff leaves Sandy Point State Park

9:30 **Mile 1 – Time Cutoff** – any swimmers not making the cut-off time will be removed from the water by in-water support boat authorized personnel.
- Your swim cap, and timing band will be removed as you are being transported back to Hemingway’s Marina. It will be given to LINMARK timer as proof that the swimmer was removed from the water. This procedure will take place at each mile swim cut off listed
- Do not resist this procedure, it is taking place according to in-water safety procedures, and guidelines.

9:50 Finish Chutes and Control Area in Position

10:15 Approximate finish time for first swimmer.

**Mile 2 – Time Cutoff**

10:40 Approximately one-half of the swimmer’s finish

*Ongoing Swimmer Accountability* – all swimmers are scanned as they cross over the finish area, not only for swim time but they are confirmed as exiting the swim course.

11:00 **Mile 3 – Time Cutoff**

11:40 Approximately three-fourths of the swimmer’s finish

11:45 **Mile 4 – Time Cutoff**

12:15 **Mile 4.4 – Time Cutoff – Race Finish**

Last Swimmer – Final Accountability:

**WHAT IS FINAL ACCOUNTABILITY:** The swimmer count taken for each one confirmed as entering the water at swim start, MUST EQUAL THE COUNT OF ALL SWIMMERS PULLED WHILE ON COURSE, AND ALL SWIMMERS AS CONFIRMED AT THE FINISH.

1:00 Approximate time for Awards Ceremony

- These are anticipated start times. The Race Director reserves the right to vary the start time to account for deviations from the predicted tide and current conditions, as indicated by NOAA. Therefore, a start window of between 8:00 am and 9:00 am have been established to allow maximum flexibility.

In the event of a late swim cancellation due to extreme weather conditions, the race director and coast guard will make the decision to cancel the swim or delay the start. In that event, there are no refunds. All funds are donated to the GCBS Champion’s Challenge Charitable program. GCBS is a 501(c)(3) I.R.S. approved charitable, tax-deductible event.

SWIMMER LOGISTICS

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**4.4 Swimmer Bag Drop at Sandy Point State Park:** 4.4 Shuttle buses will drop 4.4 swimmers off at the large public rest room building at the bottom of the field area where swim check in will take place . . . at the top of the field. About 300 yards away. March of Dimes volunteers will also have plastic bags and markers available, for swimmers to utilize. Volunteers will take the bags which will be trucked back to Hemingway’s parking lot strip area across from the refreshment and event pop-ups. They will be placed in order. Volunteers will assist.

**4.4 Swimmer Check-in Packet Pick up:**

SIGNS WILL BE POSTED IN FRONT of the check-in tables:
WAVE 1 -- WAVE 2. Must present your photo I.D. to
4.4 Swimmer Check-in Packet Pick up volunteer: State your full name. Packets will
be in alpha. order. NO PHOTO ID – NO SWIM!

YOUR PACKET WILL CONTAIN:
1. Your assigned numbered swim cap – MUST WEAR as it is an additional means of
   in-water i.d. NO SWIM CAP ON – MEANS NO SWIM.

2. You will also have a Tyvek bib number, PLEASE REMOVE THE TEAR STRIP
   FROM IT. THIS STRIP MUST BE PLACED ON TOP OF YOUR HEAD UNDER
   YOUR SWIM CAP. It will also be collected if pulled from the swim, and at the
   finish line.

3. Velcro timing band WITH YOUR ASSIGNED TIMING CHIP.

YOU ARE TO WEAR THIS AROUND YOUR ANKLE. IF WEARING A FULL
WETSUIT, IT MUST BE WORN OVER THE TOP OF THE WETSUIT LEG.

Please be sure you have secured it properly. If you require assistance just ask any of
the volunteers or a fellow swimmer.

Finish Line Procedures: There will be multiple timing tracks under the green finish
line carpeting. It is a short uphill run to the top. Your time is recorded at the finish
line clock, very close to the water, at the bottom of hill.

At the top of the fenced finish area, volunteers will take your swim cap, including tear
strip you placed on your head, your ankle strip timing band, they will also assist with
unzipping your wetsuit, if applicable.

Inside the fenced area will be a wide variety of post-race refreshments. Fenced finish
area is restricted to volunteers and swimmers only. Outside the finish area near the
end of the food area, fire trucks with shower hoses will be available for all swimmer
to rinse off. Bag drop area is close by.

SWIMMER & SPECTATOR INFO.

PARKING INSTRUCTIONS – No pets permitted on shuttle buses.

- Athletes for the Great Chesapeake Bay Swim 4.4 should utilize the Park and Ride on Rt. 8,
  and board the appropriate 4.4 signed bus for transport to Sandy Point State Park.

- Overflow 4.4, One Mile Chesapeake Challenge athletes, and spectator parking will be located at
  Matapeake Elementary and Middle Schools – just follow Rt. 8 / Romancoke Rd. Follow posted
  signs.

Shuttle Buses will provide transportation throughout event day and will continuously loop from the
spectator parking areas to the Park and Ride & Matapeake Elementary and Middle Schools, and
then to the drop off point at Bay Bridge Marina. All parking is free of charge.

THERE WILL BE NO ATHLETE OR SPECTATOR PARKING AT BAY BRIDGE MARINA.
ATHLETE AND SPECTATOR VEHICLES WILL BE PROHIBITED FROM DRIVING DOWN PIER
ONE ROAD TO THE MARINA. DO NOT PARK ON ANY ROAD SHOULDERS –

YOU WILL BE SUBJECT TO TICKETING.
On Site Amenities at Swim Finish Area –

- A beautiful venue on the top of a bluff overlooking the water right next to the twin bridges, and finish area! Bring blankets, small beach chairs, umbrellas to relax and soak in all the excitement of swim day. There will be DJ Music, food and drink vendors, GCBS items for sale, and much more.

- NO SMOKING IN VENUE AREA. Please go out into the parking lot area.

- NO ALCOHOLIC BEVERAGES PERMITTED ON HEMINGWAY’S MARINA. They will have beer, and other beverages available for sale.

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GCBS CHAMPION’S CHALLENGE CHARITABLE CONTRIBUTIONS PROGRAM:

>>>CLICK HERE<<< to download the contributions form.
Contains instructions pertinent to 4.4 swimmers and One Mile Bay Challenge swimmers.

GCBS exists for its charitable contributions program. Well over $1 million has been donated from GCBS proceeds. As an IRS approved tax-exempt, 501(c)(3) event, all fees, sales proceeds, and this contributions program, make it all happen. While participation in this program is customarily extended to Sept. 30th. This ceremony is conducted just prior to the swim awards ceremony.

To be part of the prizes awarded to top participants - - comes from funds donated by swim day.

ACCOUNTANT ON SITE TO RECEIVE CHARITABLE FUNDS:

Note that on swim morning at packet pick-up/ swim check-in, an event accountant will be on site close to the swim check in tables. She will take contribution forms, and your contributions pre-swim!

The funds turned in on swim day, will be credited to any other contributions you may have been submitting to the corporate office, prior to swim day.

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REFUNDS: Refund deadline date: April 15, 2017. Please send your email request to: lindat@linmarksports.com

Absolutely no selling, transfers or swim date entry permitted!
To do so will remove the persons involved from future GCBS swims.

Many data safety factors in place for each participant including medical, swim capability predicated by swim documentation, photo i.d.

OFFICAL EVENT DAY PHOTOGRAPHERS:
http://www.backprint.com/cbmtcreative

All finishers assigned numbers will be given to the CBMT for personnel i.d. post-race photos, which will be available on the CBNT web site. This info. will also be
posted our post swim wrap-up, with an email blast sent to all entrants.

OFFICIAL SWIM SHOP SPONSOR:
Contact for swim day wetsuit rentals

BONZAI SPORTS
Location & Directions (703) 280-2248
Mon - Fri: 10:00am - 7:00pm
Sat: 10:00am - 6:00pm
Sun: 12:00pm - 5:00pm

>> PLEASE SEE FOLLOWING LAST PAGE FOR DIRECT GCBS HOME WEB SITE PAGE
Contains very informative and helpful links relating to all aspects of GCBS.

LODGING LINKS:
By clicking on the following link, many related links for hotel & motels will come up via Google.

Note: for convenience on swim morning -- booking on the eastern shores of the bridges will make swim morning more timely and convenient. All 4.4 swimmers are to take the school bus shuttles located on the eastern shore side of the bridges, per instructions on page one of this document.

DIRECTIONS:
CLICK HERE TO VIEW GOOGLE MAP When the Hemingways Restaurant page comes up PAGE DOWN TO THE BOTTOM WHERE A MAP OF THE ENTIRE RACE LOGISTICS WILL COME UP. The double golden colored road are the major routes to the Bay Bridges, you will see the Stevensville Park and Ride lot, prior to event venue which takes at Hemingways Bay Bridge Marina and Restaurant site.

You will also be able to view the secondary parking area to utilize - as the Stevensville Park and Ride Lot will fill up. You will proceed down on Rt. 8/Romancoke Rd. to the parking lot at the Metapeake School. The shuttle buses will be doing pick up and drop offs thru event day.
The Great Chesapeake Bay Swim will be held on Sunday, June 11, 2017.

IMPORTANT PARKING INFORMATION FOR ATHLETES AND SPECTATORS

Athletes for the Great Chesapeake Bay 4.4 should utilize the Park and Ride on Rt. 8, board the appropriate 4.4 bus for transport to Point State Park.

Overflow 4.4, One mile Chesapeake Challenge athletes and spectator parking will be located at Matapeake Elementary and Middle Schools.

Follow posted signs.

Shuttle Buses will provide transportation throughout the day and will continuously loop from the spectator parking area to the Park and Ride and then to the drop off point at Bay Bridge Marina. All parking is free of charge.

THERE WILL BE NO ATHLETE OR SPECTATOR PARKING AT BAY BRIDGE MARINA. ATHLETE AND SPECTATOR VEHICLES WILL BE PROHIBITED FROM DRIVING DOWN PIER ONE ROAD TO THE MARINA.

Visit www.linmarksports.com for ALL SWIM DAY EVENT INFO. FOR SWIMMERS & SPECTATORS.

For real-time Bay Conditions, please visit: NOAA's Chesapeake Bay Interperative Buoy System.