

RESULTS - 2019 PAWS 5K RUN

| Place | Bib# | Name | Gen | Age | City | St | Time | Pace | Div/Tot | Div | Gen/Tot | G |
|-------|------|---------------------|-----|-----|---------------|----|-------|------|---------|-------|---------|---|
| 1 | 309 | Adam Faris | M | 37 | SICKLERVILLE | NJ | 18:08 | 5:51 | 1/79 | 30-39 | 1/91 | M |
| 2 | 5230 | Omar Abdelhamid | M | 38 | CHERRY HILL | NJ | 18:33 | 5:59 | 2/79 | 30-39 | 2/91 | M |
| 3 | 538 | Brian Keller | M | 43 | MARLTON | NJ | 20:05 | 6:29 | 1/51 | 40-49 | 3/91 | M |
| 4 | 2065 | Anthony Romano | M | 30 | WESTAMPTON | NJ | 20:16 | 6:33 | 3/79 | 30-39 | 4/91 | M |
| 5 | 5227 | Murphy Hastings | M | 15 | MAPLE SHADE | NJ | 20:34 | 6:38 | 1/6 | 14-16 | 5/91 | M |
| 6 | 5241 | Steve Nicolosi | M | 45 | CLAYTON | NJ | 21:10 | 6:50 | 2/51 | 40-49 | 6/91 | M |
| 7 | 520 | Gerard Hogan | M | 58 | MT. LAUREL | NJ | 21:26 | 6:55 | 1/36 | 50-59 | 7/91 | M |
| 8 | 5235 | Jamie Hershberger | M | 47 | COLLINGSWOOD | NJ | 21:30 | 6:56 | 3/51 | 40-49 | 8/91 | M |
| 9 | 5206 | Dan Urbano | M | 30 | MARLTON | NJ | 21:45 | 7:01 | 4/79 | 30-39 | 9/91 | M |
| 10 | 2043 | Richard Phillips | M | 50 | MERCERVILLE | NJ | 22:06 | 7:08 | 2/36 | 50-59 | 10/91 | M |
| 11 | 569 | Laura Malloy | F | 31 | BERLIN | NJ | 22:25 | 7:14 | 5/79 | 30-39 | 1/171 | F |
| 12 | 5239 | Anthony Gangemi | M | 59 | CHERRY HILL | NJ | 22:55 | 7:24 | 3/36 | 50-59 | 11/91 | M |
| 13 | 286 | Elizabeth Evans | F | 31 | SOMERDALE | NJ | 22:58 | 7:25 | 6/79 | 30-39 | 2/171 | F |
| 14 | 5234 | Deona Donahue | F | 34 | VOORHEES | NJ | 23:03 | 7:26 | 7/79 | 30-39 | 3/171 | F |
| 15 | 186 | David Citrin | M | 47 | VOORHEES | NJ | 23:28 | 7:35 | 4/51 | 40-49 | 12/91 | M |
| 16 | 22 | Gregory Ahrens | M | 32 | MOUNT LAUREL | NJ | 23:31 | 7:35 | 8/79 | 30-39 | 13/91 | M |
| 17 | 585 | Donald McKay | M | 57 | SICKLERVILLE | NJ | 23:48 | 7:41 | 4/36 | 50-59 | 14/91 | M |
| 18 | 568 | Jennifer Malik | F | 30 | EAST WINDSOR | NJ | 24:04 | 7:46 | 9/79 | 30-39 | 4/171 | F |
| 19 | 2080 | Christopher Shuffor | M | 41 | SICKLERVILLE | NJ | 24:04 | 7:46 | 5/51 | 40-49 | 15/91 | M |
| 20 | 522 | Charlene Howard | F | 47 | MOUNT RAINIER | MD | 24:17 | 7:50 | 6/51 | 40-49 | 5/171 | F |
| 21 | 531 | Justine Johnson | F | 44 | OAKLYN | NJ | 24:44 | 7:59 | 7/51 | 40-49 | 6/171 | F |
| 22 | 556 | Steve Lorenz | M | 44 | OAKLYN | NJ | 24:45 | 7:59 | 8/51 | 40-49 | 16/91 | M |
| 23 | 443 | Paul Gasior | M | 21 | MARLTON | NJ | 24:45 | 7:59 | 1/69 | 20-29 | 17/91 | M |
| 24 | 544 | Cj Kish | M | 35 | COLLINGSWOOD | NJ | 24:46 | 8:00 | 10/79 | 30-39 | 18/91 | M |
| 25 | 210 | Albie Day | M | 37 | COLLINGSWOOD | NJ | 24:48 | 8:00 | 11/79 | 30-39 | 19/91 | M |

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|-------|------|------|-----|-----|------|----|------|------|---------|-----|---------|---|
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|----|------|---------------------|---|----|-----------------|----|-------|------|-------|-------|--------|---|
| 26 | 90 | Ana Bosak | F | 34 | COLLINGSWOOD | NJ | 25:11 | 8:08 | 12/79 | 30-39 | 7/171 | F |
| 27 | 256 | Morgan Doherty | F | 23 | MAPLE SHADE | NJ | 25:17 | 8:10 | 2/69 | 20-29 | 8/171 | F |
| 28 | 545 | Joe Kish | M | 61 | COLLINGSWOOD | NJ | 25:24 | 8:12 | 1/17 | 60+ | 20/91 | M |
| 29 | 483 | Kyle Gunning | M | 28 | MT LAUREL | NJ | 25:30 | 8:14 | 3/69 | 20-29 | 21/91 | M |
| 30 | 41 | Catherine Aquilino | F | 51 | GLOUCESTER CITY | NJ | 25:31 | 8:14 | 5/36 | 50-59 | 9/171 | F |
| 31 | 481 | Shepherd Graver | M | 10 | MEDFORD | NJ | 25:40 | 8:17 | 1/3 | 13&UN | 22/91 | M |
| 32 | 5211 | Ashley Waligorski | F | 33 | CHERRY HILL | NJ | 25:52 | 8:21 | 13/79 | 30-39 | 10/171 | F |
| 33 | 252 | Debbie Doherty | F | 48 | MAPLE SHADE | NJ | 25:55 | 8:22 | 9/51 | 40-49 | 11/171 | F |
| 34 | 497 | Skip Hettel | M | 36 | LUMBERTON | NJ | 25:58 | 8:23 | 14/79 | 30-39 | 23/91 | M |
| 35 | 280 | Karli Ernst | F | 25 | HADDON TOWNSHIP | NJ | 26:08 | 8:26 | 4/69 | 20-29 | 12/171 | F |
| 36 | 496 | Keri Hettel | F | 37 | VOORHEES | NJ | 26:12 | 8:27 | 15/79 | 30-39 | 13/171 | F |
| 37 | 549 | Artie Lattanzi | M | 36 | HADDONFIELD | NJ | 26:14 | 8:28 | 16/79 | 30-39 | 24/91 | M |
| 38 | 2054 | Jeff Rattay | M | 23 | WEST DEPTFORD | NJ | 26:18 | 8:29 | 5/69 | 20-29 | 25/91 | M |
| 39 | 583 | Todd McDonald | M | 48 | MOUNT RAINIER | MD | 26:31 | 8:33 | 10/51 | 40-49 | 26/91 | M |
| 40 | 5232 | Frank Tisano | M | 32 | PHILADELPHIA | PA | 26:43 | 8:38 | 17/79 | 30-39 | 27/91 | M |
| 41 | 44 | Jack August | M | 26 | MEDFORD | NJ | 26:57 | 8:42 | 6/69 | 20-29 | 28/91 | M |
| 42 | 449 | Amanda Gates | F | 27 | BLACKWOOD | NJ | 26:58 | 8:42 | 7/69 | 20-29 | 14/171 | F |
| 43 | 563 | Roman MacKo | M | 46 | AUDUBON | NJ | 27:29 | 8:52 | 11/51 | 40-49 | 29/91 | M |
| 44 | 2082 | Lakhwinder Singh | M | 24 | GLASSBORO | NJ | 27:39 | 8:55 | 8/69 | 20-29 | 30/91 | M |
| 45 | 243 | Matthew D'Eustachio | M | 26 | COLLINGSWOOD | NJ | 27:39 | 8:55 | 9/69 | 20-29 | 31/91 | M |
| 46 | 208 | Paul Crozier | M | 22 | CHERRY HILL | NJ | 27:41 | 8:56 | 10/69 | 20-29 | 32/91 | M |
| 47 | 536 | Allison Katzmar | F | 26 | COLLINGSWOOD | NJ | 27:41 | 8:56 | 11/69 | 20-29 | 15/171 | F |
| 48 | 85 | Kayla Bertolino | F | 22 | MEDFORD | NJ | 27:45 | 8:57 | 12/69 | 20-29 | 16/171 | F |
| 49 | 5228 | Donna Hlesciak | F | 57 | LUMBERTON | NJ | 27:49 | 8:59 | 6/36 | 50-59 | 17/171 | F |
| 50 | 2049 | Steven Pugliese | M | 31 | BERLIN | NJ | 27:52 | 9:00 | 18/79 | 30-39 | 33/91 | M |

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|-------|------|------------------|-----|-----|---------------|----|-------|------|---------|-------|---------|---|
| 51 | 5225 | Patrick Zegarski | M | 37 | FRANKLINVILLE | NJ | 27:53 | 9:00 | 19/79 | 30-39 | 34/91 | M |
| 52 | 546 | Jawahar Konduru | M | 49 | MARLTON | NE | 27:55 | 9:01 | 12/51 | 40-49 | 35/91 | M |

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|----|------|--------------------|---|----|-----------------|----|-------|------|-------|-------|--------|---|
| 53 | 206 | David Crozier | M | 55 | CHERRY HILL | NJ | 28:02 | 9:03 | 7/36 | 50-59 | 36/91 | M |
| 54 | 2079 | Carisa Shufford | F | 38 | SICKLERVILLE | NJ | 28:23 | 9:10 | 20/79 | 30-39 | 18/171 | F |
| 55 | 281 | Lisa Ernst | F | 60 | FRANKLINVILLE | NJ | 28:31 | 9:12 | 2/17 | 60+ | 19/171 | F |
| 56 | 5221 | Jessica Welsh | F | 23 | MEDFORD LAKES | NJ | 28:32 | 9:13 | 13/69 | 20-29 | 20/171 | F |
| 57 | 535 | Talia Katz | F | 30 | VOORHEES | NJ | 28:38 | 9:14 | 21/79 | 30-39 | 21/171 | F |
| 58 | 5245 | Crystal Arrington | F | 54 | LANSLOWNE | PA | 28:40 | 9:15 | 8/36 | 50-59 | 22/171 | F |
| 59 | 236 | Michelle Deonarain | F | 29 | DELRAN | NJ | 28:42 | 9:16 | 14/69 | 20-29 | 23/171 | F |
| 60 | 437 | Matt Gargano | M | 24 | MORRIS PLAINS | NJ | 28:50 | 9:18 | 15/69 | 20-29 | 37/91 | M |
| 61 | 408 | Stephanie Firman | F | 28 | TABERNACLE | NJ | 28:51 | 9:19 | 16/69 | 20-29 | 24/171 | F |
| 62 | 528 | Dave Isaac | M | 31 | GLENSIDE | PA | 28:52 | 9:19 | 22/79 | 30-39 | 38/91 | M |
| 63 | 118 | Matthew Butler | M | 32 | TURNERSVILLE | NJ | 28:58 | 9:21 | 23/79 | 30-39 | 39/91 | M |
| 64 | 550 | Shelly Levin | F | 48 | MARLTON | NJ | 29:26 | 9:30 | 13/51 | 40-49 | 25/171 | F |
| 65 | 2056 | Dillon Rebock | M | 23 | VOORHEES | NJ | 29:26 | 9:30 | 17/69 | 20-29 | 40/91 | M |
| 66 | 2055 | Alexis Rebock | F | 21 | VOORHEES | NJ | 29:27 | 9:30 | 18/69 | 20-29 | 26/171 | F |
| 67 | 397 | Marlene Finizio | F | 58 | HADDON TOWNSHIP | NJ | 29:39 | 9:34 | 9/36 | 50-59 | 27/171 | F |
| 68 | 598 | Jeneice Mowad | F | 38 | HADDONFIELD | NJ | 29:46 | 9:36 | 24/79 | 30-39 | 28/171 | F |
| 69 | 521 | Margaret Horn | F | 54 | MOUNT LAUREL | NJ | 29:46 | 9:37 | 10/36 | 50-59 | 29/171 | F |
| 70 | 388 | Marc Filipponi | M | 32 | MAPLE SHADE | NJ | 29:53 | 9:39 | 25/79 | 30-39 | 41/91 | M |
| 71 | 73 | Michelle Battista | F | 28 | STATEN ISLAND | NY | 29:57 | 9:40 | 19/69 | 20-29 | 30/171 | F |
| 72 | 559 | Megan Lowry | F | 36 | PHILADELPHIA | PA | 30:01 | 9:41 | 26/79 | 30-39 | 31/171 | F |
| 73 | 422 | Morgan Fontana | F | 32 | CHERRY HILL | NJ | 30:02 | 9:41 | 27/79 | 30-39 | 32/171 | F |
| 74 | 557 | Brooke Love | F | 24 | BROWNS MILLS | NJ | 30:10 | 9:44 | 20/69 | 20-29 | 33/171 | F |
| 75 | 2034 | Amy Paulus | F | 31 | WESTAMPTON | NJ | 30:11 | 9:44 | 28/79 | 30-39 | 34/171 | F |

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|-------|-------|----------------|-----|-----|-----------------|----|-------|-------|---------|-------|---------|----|
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| 76 | 596 | Michael Morton | M | 44 | STRATFORD | NJ | 30:18 | 9:47 | 14/51 | 40-49 | 42/91 | M |
| 77 | 5238 | Lucy Scott | F | 14 | VINCENTOWN | NJ | 30:21 | 9:48 | 2/6 | 14-16 | 35/171 | F |
| 78 | 5202 | Patsy Thomas | F | 56 | CHERRY HILL | NJ | 30:26 | 9:49 | 11/36 | 50-59 | 36/171 | F |
| 79 | 530 | Lauren Jirinec | F | 32 | HADDON TOWNSHIP | NJ | 30:31 | 9:51 | 29/79 | 30-39 | 37/171 | F |

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|-----|------|--------------------|---|----|---------------|----|-------|-------|-------|-------|--------|---|
| 80 | 2083 | Jeff Smith | M | 55 | SICKLERVILLE | NJ | 30:33 | 9:52 | 12/36 | 50-59 | 43/91 | M |
| 81 | 2039 | Amanda Persicketti | F | 30 | RUNNEMEDE | NJ | 30:33 | 9:52 | 30/79 | 30-39 | 38/171 | F |
| 82 | 5233 | Cathy Mason | F | 57 | CHERRY HILL | NJ | 30:45 | 9:55 | 13/36 | 50-59 | 39/171 | F |
| 83 | 2097 | Frank Tenuto | M | 46 | SOMERDALE | NJ | 30:46 | 9:56 | 15/51 | 40-49 | 44/91 | M |
| 84 | 2098 | Michael Tenuto | M | 22 | SOMERDALE | NJ | 30:46 | 9:56 | 21/69 | 20-29 | 45/91 | M |
| 85 | 435 | Kristina Gannotta | F | 28 | GLENDORA | NJ | 30:49 | 9:57 | 22/69 | 20-29 | 40/171 | F |
| 86 | 5237 | Kassandra Folmer | F | 24 | MAPLE SHADE | NJ | 30:54 | 9:59 | 23/69 | 20-29 | 41/171 | F |
| 87 | 491 | April Herrington | F | 44 | VOORHEES | NJ | 31:00 | 10:00 | 16/51 | 40-49 | 42/171 | F |
| 88 | 493 | Kate Herrington | F | 37 | VOORHEES | NJ | 31:01 | 10:01 | 31/79 | 30-39 | 43/171 | F |
| 89 | 5240 | Jamie Pizzo | F | 30 | ELMER | NJ | 31:03 | 10:01 | 32/79 | 30-39 | 44/171 | F |
| 90 | 524 | Shawn Huber | M | 48 | CHERRY HILL | NJ | 31:09 | 10:03 | 17/51 | 40-49 | 46/91 | M |
| 91 | 2038 | Tracey Perchick | F | 49 | VOORHEES | NJ | 31:11 | 10:04 | 18/51 | 40-49 | 45/171 | F |
| 92 | 595 | Michele Morelli | F | 49 | HAINESPORT | NJ | 31:11 | 10:04 | 19/51 | 40-49 | 46/171 | F |
| 93 | 278 | Justin Dushkewich | M | 37 | CHERRY HILL | NJ | 31:14 | 10:05 | 33/79 | 30-39 | 47/91 | M |
| 94 | 567 | Patrick Madigan | M | 48 | MARLTON | NJ | 31:31 | 10:10 | 20/51 | 40-49 | 48/91 | M |
| 95 | 2060 | Meaghan Rhoades | F | 33 | TURNERSVILLE | NJ | 31:37 | 10:12 | 34/79 | 30-39 | 47/171 | F |
| 96 | 2075 | Casey Scott | F | 37 | PHILADELPHIA | PA | 31:44 | 10:14 | 35/79 | 30-39 | 48/171 | F |
| 97 | 560 | Meredith Lowry | F | 30 | PHILADELPHIA | PA | 31:45 | 10:15 | 36/79 | 30-39 | 49/171 | F |
| 98 | 489 | Joe Heinlein | M | 55 | CHERRY HILL | NJ | 31:53 | 10:17 | 14/36 | 50-59 | 49/91 | M |
| 99 | 2091 | Sara Strohm | F | 41 | AUDUBON | NJ | 31:58 | 10:19 | 21/51 | 40-49 | 50/171 | F |
| 100 | 2053 | Brooke Rattay | F | 21 | WEST DEPTFORD | NJ | 32:06 | 10:22 | 24/69 | 20-29 | 51/171 | F |

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|-------|------|-------------------|-----|-----|--------------|----|-------|-------|---------|-------|---------|---|
| 101 | 2092 | Kristie Stuart | F | 44 | MAPLE SHADE | NJ | 32:07 | 10:22 | 22/51 | 40-49 | 52/171 | F |
| 102 | 2031 | Rachel Nemerofsky | F | 28 | MARLTON | NJ | 32:16 | 10:25 | 25/69 | 20-29 | 53/171 | F |
| 103 | 2030 | David Nemerofsky | M | 30 | MARLTON | NJ | 32:18 | 10:25 | 37/79 | 30-39 | 50/91 | M |
| 104 | 500 | Justin Hill | M | 28 | LINDENWOLD | NJ | 32:19 | 10:26 | 26/69 | 20-29 | 51/91 | M |
| 105 | 2077 | Gal Shua-Haim | F | 27 | PHILADELPHIA | PA | 32:21 | 10:26 | 27/69 | 20-29 | 54/171 | F |
| 106 | 2048 | Alex Pollock | M | 26 | MAGNOLIA | NJ | 32:26 | 10:28 | 28/69 | 20-29 | 52/91 | M |

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|-----|------|------------------|---|----|--------------|----|-------|-------|-------|-------|--------|---|
| 107 | 554 | Lauren Long | F | 30 | DEPTFORD | NJ | 32:26 | 10:28 | 38/79 | 30-39 | 55/171 | F |
| 108 | 5223 | Charisa Wolf | F | 57 | CHESTER | NJ | 32:27 | 10:28 | 15/36 | 50-59 | 56/171 | F |
| 109 | 591 | David Mears | M | 63 | CHERRY HILL | NJ | 32:28 | 10:29 | 3/17 | 60+ | 53/91 | M |
| 110 | 5226 | Susan Zitterman | F | 48 | SICKLERVILLE | NJ | 32:33 | 10:30 | 23/51 | 40-49 | 57/171 | F |
| 111 | 485 | Kurtis Hamby | M | 25 | SICKLERVILLE | NJ | 32:37 | 10:32 | 29/69 | 20-29 | 54/91 | M |
| 112 | 588 | Ann McVaugh | F | 27 | MOUNT LAUREL | NJ | 32:44 | 10:34 | 30/69 | 20-29 | 58/171 | F |
| 113 | 5204 | Eric Tricocci | M | 27 | MOUNT LAUREL | NJ | 32:44 | 10:34 | 31/69 | 20-29 | 55/91 | M |
| 114 | 5243 | Alyssa Heil | F | 25 | ALLOWAY | NJ | 32:44 | 10:34 | 32/69 | 20-29 | 59/171 | F |
| 115 | 34 | Kevin Amundsen | M | 28 | MARLTON | NJ | 32:48 | 10:35 | 33/69 | 20-29 | 56/91 | M |
| 116 | 91 | Loretta Boutot | F | 49 | CHERRY HILL | NJ | 32:58 | 10:38 | 24/51 | 40-49 | 60/171 | F |
| 117 | 5242 | Geraldine Scott | F | 47 | VINCENTOWN | NJ | 33:02 | 10:40 | 25/51 | 40-49 | 61/171 | F |
| 118 | 98 | Julie Brahmstedt | F | 37 | COLLINGSWOOD | NJ | 33:09 | 10:42 | 39/79 | 30-39 | 62/171 | F |
| 119 | 314 | Brittany Farrell | F | 30 | MARLTON | NJ | 33:13 | 10:43 | 40/79 | 30-39 | 63/171 | F |
| 120 | 209 | Ann Daily | F | 34 | CHERRY HILL | NJ | 33:19 | 10:45 | 41/79 | 30-39 | 64/171 | F |
| 121 | 5212 | Chad Waligorski | M | 34 | CHERRY HILL | NJ | 33:21 | 10:46 | 42/79 | 30-39 | 57/91 | M |
| 122 | 5218 | Kelsey Weir | F | 27 | MARLTON | NJ | 33:27 | 10:48 | 34/69 | 20-29 | 65/171 | F |
| 123 | 5219 | Philip Weir | M | 30 | MARLTON | NJ | 33:28 | 10:48 | 43/79 | 30-39 | 58/91 | M |
| 124 | 2085 | Veronique Smith | F | 27 | PHILADELPHIA | PA | 33:31 | 10:49 | 35/69 | 20-29 | 66/171 | F |
| 125 | 480 | Ryan Graver | F | 39 | MEDFORD | NJ | 33:33 | 10:50 | 44/79 | 30-39 | 67/171 | F |

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|-------|-------|--------------------|------|------|-------------|----|-------|-------|---------|-------|---------|---|
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| 126 | 259 | Veronica Donaghy | F | 36 | MOORESTOWN | NJ | 33:34 | 10:50 | 45/79 | 30-39 | 68/171 | F |
| 127 | 5215 | Catie Walton | F | 31 | MAPLE SHADE | NJ | 33:39 | 10:52 | 46/79 | 30-39 | 69/171 | F |
| 128 | 386 | Micaela Fiebig | F | 21 | ELMER | NJ | 33:39 | 10:52 | 36/69 | 20-29 | 70/171 | F |
| 129 | 33 | Jennifer Alkiewicz | F | 48 | MARLTON | NJ | 33:42 | 10:53 | 26/51 | 40-49 | 71/171 | F |
| 130 | 581 | Chessie McDonald | F | 25 | CHERRY HILL | NJ | 33:43 | 10:53 | 37/69 | 20-29 | 72/171 | F |
| 131 | 404 | Nancy Fiorini | F | 64 | CLEMENTON | NJ | 33:50 | 10:55 | 4/17 | 60+ | 73/171 | F |
| 132 | 553 | Stacy Lombardo | F | 41 | HADDONFIELD | NJ | 33:54 | 10:57 | 27/51 | 40-49 | 74/171 | F |
| 133 | 30 | Lauren Alexander | F | 25 | LANSDALE | PA | 33:54 | 10:57 | 38/69 | 20-29 | 75/171 | F |

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|-----|------|---------------------|---|----|----------------|----|-------|-------|-------|-------|--------|---|
| 134 | 5216 | Julia Walton | F | 31 | TABERNACLE | NJ | 33:57 | 10:58 | 47/79 | 30-39 | 76/171 | F |
| 135 | 2086 | Beth Snell | F | 48 | WOODBURY | NJ | 33:59 | 10:58 | 28/51 | 40-49 | 77/171 | F |
| 136 | 2071 | Torrie Sakalsky | F | 61 | HACKETTSTOWN | NJ | 34:14 | 11:03 | 5/17 | 60+ | 78/171 | F |
| 137 | 2035 | Kevin Pavon | M | 36 | GLENDORA | NJ | 34:30 | 11:08 | 48/79 | 30-39 | 59/91 | M |
| 138 | 525 | Erik Hudzik | M | 37 | MAGNOLIA | NJ | 34:42 | 11:12 | 49/79 | 30-39 | 60/91 | M |
| 139 | 84 | Leonard Bernstein | M | 61 | MERION STATION | PA | 34:53 | 11:15 | 6/17 | 60+ | 61/91 | M |
| 140 | 2088 | Katie Staley | F | 48 | COLLINGSWOOD | NJ | 34:59 | 11:17 | 29/51 | 40-49 | 79/171 | F |
| 141 | 540 | Colleen Kelly | F | 34 | VINELAND | NJ | 35:02 | 11:19 | 50/79 | 30-39 | 80/171 | F |
| 142 | 2089 | Nick Sterchele | M | 39 | VINELAND | NJ | 35:02 | 11:19 | 51/79 | 30-39 | 62/91 | M |
| 143 | 2093 | David Suiter | M | 59 | MANNINGTON | NJ | 35:10 | 11:21 | 16/36 | 50-59 | 63/91 | M |
| 144 | 5213 | Katherine Walker | F | 27 | CHERRY HILL | NJ | 35:11 | 11:21 | 39/69 | 20-29 | 81/171 | F |
| 145 | 2064 | Matthew Rockey | M | 35 | WILLIAMSTOWN | NJ | 35:19 | 11:24 | 52/79 | 30-39 | 64/91 | M |
| 146 | 2068 | Amy Ryan | F | 57 | MOUNT LAUREL | NJ | 35:25 | 11:26 | 17/36 | 50-59 | 82/171 | F |
| 147 | 570 | Katie Marino | F | 29 | PHILADELPHIA | PA | 35:32 | 11:28 | 40/69 | 20-29 | 83/171 | F |
| 148 | 230 | Mike Demarco | M | 29 | PHILADELPHIA | PA | 35:32 | 11:28 | 41/69 | 20-29 | 65/91 | M |
| 149 | 263 | Shannon Donohue | F | 28 | MAPLE SHADE | NJ | 35:33 | 11:29 | 42/69 | 20-29 | 84/171 | F |
| 150 | 132 | Christine Caltabian | F | 26 | SEWELL | NJ | 35:38 | 11:30 | 43/69 | 20-29 | 85/171 | F |

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|-------|-------|---------------------|-----|-----|-----------------|----|-------|-------|---------|-------|---------|---|
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| 151 | 72 | Tracey Basista | F | 47 | SEWELL | NJ | 35:42 | 11:31 | 30/51 | 40-49 | 86/171 | F |
| 152 | 2067 | Shayne Russell | F | 61 | SOUTHAMPTON | NJ | 36:01 | 11:37 | 7/17 | 60+ | 87/171 | F |
| 153 | 175 | Brittany Christaldi | F | 29 | MARLTON | NJ | 36:06 | 11:39 | 44/69 | 20-29 | 88/171 | F |
| 154 | 499 | Ashton Hill | F | 33 | GLOUCESTER CITY | NJ | 36:07 | 11:39 | 53/79 | 30-39 | 89/171 | F |
| 155 | 2045 | Michael Piccininni | M | 29 | MARLTON | NJ | 36:12 | 11:41 | 45/69 | 20-29 | 66/91 | M |
| 156 | 2044 | Colleen Piccininni | F | 28 | MARLTON | NJ | 36:13 | 11:41 | 46/69 | 20-29 | 90/171 | F |
| 157 | 2062 | Joseph Robbins | M | 27 | BROWNS MILLS | NJ | 36:30 | 11:47 | 47/69 | 20-29 | 67/91 | M |
| 158 | 378 | Giana Featheringill | F | 16 | STRATFORD | NJ | 36:31 | 11:47 | 3/6 | 14-16 | 91/171 | F |
| 159 | 245 | Kathleen Dinsmore | F | 54 | MOUNT EPHRAIM | NJ | 36:39 | 11:50 | 18/36 | 50-59 | 92/171 | F |
| 160 | 246 | Rolf Dinsmore | M | 53 | MOUNT EPHRAIM | NJ | 36:40 | 11:50 | 19/36 | 50-59 | 68/91 | M |

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|-----|------|---------------------|---|----|---------------|----|-------|-------|-------|-------|---------|---|
| 161 | 2074 | Amber Schober | F | 37 | PINE HILL | NJ | 36:41 | 11:50 | 54/79 | 30-39 | 93/171 | F |
| 162 | 2087 | Katelan Sottosanti | F | 29 | OAKLYN | NJ | 36:58 | 11:56 | 48/69 | 20-29 | 94/171 | F |
| 163 | 575 | Cherylyn Maxson-Str | F | 54 | HADDONFIELD | NJ | 37:15 | 12:01 | 20/36 | 50-59 | 95/171 | F |
| 164 | 479 | Aaron Gottlieb | M | 31 | PHILADELPHIA | PA | 37:41 | 12:10 | 55/79 | 30-39 | 69/91 | M |
| 165 | 5244 | Edward Smith | M | 49 | TRENTON | NJ | 37:52 | 12:13 | 31/51 | 40-49 | 70/91 | M |
| 166 | 21 | Jonathan Adams | M | 45 | BERLIN | NJ | 38:05 | 12:18 | 32/51 | 40-49 | 71/91 | M |
| 167 | 5224 | Audra Youhas | F | 40 | CENTREVILLE | VA | 38:07 | 12:18 | 33/51 | 40-49 | 96/171 | F |
| 168 | 543 | Marykate Kirkpatric | F | 27 | MT LAUREL | NJ | 38:32 | 12:26 | 49/69 | 20-29 | 97/171 | F |
| 169 | 2096 | Nicholas Tahenakos | M | 25 | PENNSAUKEN | NJ | 38:37 | 12:28 | 50/69 | 20-29 | 72/91 | M |
| 170 | 264 | Theresa Dooley | F | 37 | FRANKLINVILLE | NJ | 39:13 | 12:39 | 56/79 | 30-39 | 98/171 | F |
| 171 | 5217 | Danielle Watson | F | 27 | CHERRY HILL | NJ | 39:47 | 12:50 | 51/69 | 20-29 | 99/171 | F |
| 172 | 2036 | Anju Pejavara | F | 54 | CHERRY HILL | NJ | 40:01 | 12:55 | 21/36 | 50-59 | 100/171 | F |
| 173 | 515 | Pamela Hill | F | 26 | LINDENWOLD | NJ | 40:05 | 12:56 | 52/69 | 20-29 | 101/171 | F |
| 174 | 542 | Sandra Keys | F | 42 | SOMERDALE | NJ | 40:07 | 12:57 | 34/51 | 40-49 | 102/171 | F |
| 175 | 592 | Judd Mellinger-Blou | M | 59 | HERSHEY | PA | 40:14 | 12:59 | 22/36 | 50-59 | 73/91 | M |

RESULTS - 2019 PAWS 5K RUN

| Place | Bib# | Name | Gen | Age | City | St | Time | Pace | Div/Tot | Div | Gen/Tot | G |
|-------|------|-----------------|-----|-----|--------------|----|-------|-------|---------|-------|---------|---|
| 176 | 77 | Curtis Beebe | M | 29 | WOODBURY | NJ | 40:37 | 13:06 | 53/69 | 20-29 | 74/91 | M |
| 177 | 89 | Hannah Bornmann | F | 34 | COLLINGSWOOD | NJ | 40:44 | 13:09 | 57/79 | 30-39 | 103/171 | F |
| 178 | 2059 | Andrea Rennie | F | 30 | AUDUBON | NJ | 40:45 | 13:09 | 58/79 | 30-39 | 104/171 | F |
| 179 | 5207 | Kevin Venable | M | 28 | LINDENWOLD | NJ | 40:57 | 13:13 | 54/69 | 20-29 | 75/91 | M |
| 180 | 2029 | Michael Nasuti | M | 38 | MOUNT LAUREL | NJ | 41:25 | 13:22 | 59/79 | 30-39 | 76/91 | M |
| 181 | 517 | Jesse Hodges | M | 12 | MARLTON | NJ | 42:07 | 13:35 | 2/3 | 13&UN | 77/91 | M |
| 182 | 266 | Verna Doughty | F | 57 | STRATFORD | NJ | 42:13 | 13:37 | 23/36 | 50-59 | 105/171 | F |
| 183 | 518 | Lauren Hodges | F | 39 | MARLTON | NJ | 42:13 | 13:37 | 60/79 | 30-39 | 106/171 | F |
| 184 | 574 | Gina Mavuro | F | 30 | LINDENWOLD | NJ | 42:28 | 13:42 | 61/79 | 30-39 | 107/171 | F |
| 185 | 2032 | Kelsey Opalack | F | 26 | WOODBURY | NJ | 42:34 | 13:44 | 55/69 | 20-29 | 108/171 | F |
| 186 | 555 | Steven Lopez | M | 28 | EWING | NJ | 42:56 | 13:51 | 56/69 | 20-29 | 78/91 | M |
| 187 | 579 | Elizabeth McCoy | F | 7 | STRATFORD | NJ | 43:32 | 14:03 | 3/3 | 13&UN | 109/171 | F |

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|-----|------|--------------------|---|----|---------------|----|-------|-------|-------|-------|---------|---|
| 188 | 580 | Liz McCoy | F | 36 | STRATFORD | NJ | 43:32 | 14:03 | 62/79 | 30-39 | 110/171 | F |
| 189 | 558 | Karen Lowry | F | 65 | PHILADELPHIA | PA | 44:03 | 14:13 | 8/17 | 60+ | 111/171 | F |
| 190 | 492 | Jacki Herrington | F | 27 | SWEDESORO | NJ | 44:38 | 14:24 | 57/69 | 20-29 | 112/171 | F |
| 191 | 229 | Mary Delany-Hudzik | F | 36 | MAGNOLIA | NJ | 44:41 | 14:25 | 63/79 | 30-39 | 113/171 | F |
| 192 | 5222 | Katherine Wilson | F | 38 | VOORHESS | NJ | 45:39 | 14:44 | 64/79 | 30-39 | 114/171 | F |
| 193 | 5209 | Jennifer Vrana | F | 49 | PHILADELPHIA | PA | 46:13 | 14:55 | 35/51 | 40-49 | 115/171 | F |
| 194 | 5231 | Cark Cupp | M | 68 | AUDUBON | NJ | 46:40 | 15:03 | 9/17 | 60+ | 79/91 | M |
| 195 | 562 | Pat MacCluen | F | 57 | HADDONFIELD | NJ | 47:34 | 15:21 | 24/36 | 50-59 | 116/171 | F |
| 196 | 144 | Sue Canning | F | 53 | CLEMENTON | NJ | 49:15 | 15:53 | 25/36 | 50-59 | 117/171 | F |
| 197 | 160 | Tara Carlamere | F | 42 | WILLIAMSTOWN | NJ | 49:18 | 15:55 | 36/51 | 40-49 | 118/171 | F |
| 198 | 45 | Marlee Aversa | F | 36 | WILLIAMSTOWN | NJ | 49:19 | 15:55 | 65/79 | 30-39 | 119/171 | F |
| 199 | 402 | Nicholas Finizio | M | 71 | MOUNT EPHRAIM | NJ | 53:13 | 17:10 | 10/17 | 60+ | 80/91 | M |
| 200 | 2084 | Joseph Smith | M | 30 | PHILADELPHIA | PA | 53:14 | 17:11 | 66/79 | 30-39 | 81/91 | M |

RESULTS - 2019 PAWS 5K RUN

| Place | Bib# | Name | Gen | Age | City | St | Time | Pace | Div/Tot | Div | Gen/Tot | G |
|-------|------|------------------|-----|-----|-----------------|----|-------|-------|---------|-------|---------|---|
| ==== | ==== | ===== | === | === | ===== | == | ===== | ===== | ===== | ===== | ===== | = |
| 201 | 409 | Kelly Fischer | F | 29 | PLAINSBORO | NJ | 53:14 | 17:11 | 58/69 | 20-29 | 120/171 | F |
| 202 | 576 | Melissa Mayer | F | 33 | COLLINGSWOOD | NJ | 53:34 | 17:17 | 67/79 | 30-39 | 121/171 | F |
| 203 | 78 | Truman Benedetti | M | 34 | COLLINGSWOOD | NJ | 53:34 | 17:17 | 68/79 | 30-39 | 82/91 | M |
| 204 | 36 | Wendy Angove | F | 49 | GLOUCESTER CITY | NJ | 53:39 | 17:19 | 37/51 | 40-49 | 122/171 | F |
| 205 | 526 | Laurie Huebner | F | 57 | SOUTHAMPTON | NJ | 55:19 | 17:51 | 26/36 | 50-59 | 123/171 | F |
| 206 | 380 | Kim Ferris | F | 44 | SOUTHAMPTON | NJ | 55:20 | 17:51 | 38/51 | 40-49 | 124/171 | F |
| 207 | 527 | Joseph Ingemi | M | 43 | HAMMONTON | NJ | 56:07 | 18:06 | 39/51 | 40-49 | 83/91 | M |
| 208 | 113 | Barbara Brynko | F | 65 | MARLTON | NJ | 57:43 | 18:37 | 11/17 | 60+ | 125/171 | F |
| 209 | 419 | Marina Fisher | F | 29 | LINDENWOLD | NJ | 57:47 | 18:39 | 59/69 | 20-29 | 126/171 | F |
| 210 | 410 | Barbara Fisher | F | 58 | PINE HILL | NJ | 57:48 | 18:39 | 27/36 | 50-59 | 127/171 | F |
| 211 | 64 | Joy Bantivoglio | F | 44 | MOUNT LAUREL | NJ | 57:50 | 18:40 | 40/51 | 40-49 | 128/171 | F |
| 212 | 92 | Tracy Bradford | F | 47 | MAGNOLIA | NJ | 58:06 | 18:45 | 41/51 | 40-49 | 129/171 | F |
| 213 | 597 | Sheri Morton | F | 48 | STRATFORD | NJ | 58:07 | 18:45 | 42/51 | 40-49 | 130/171 | F |
| 214 | 80 | Joellen Benjamin | F | 48 | SOMERDALE | NJ | 58:12 | 18:47 | 43/51 | 40-49 | 131/171 | F |

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|-----|------|-------------------|---|----|------------------|----|---------|-------|-------|-------|---------|---|
| 215 | 79 | Danye Benjamin | F | 15 | SOMERDALE | NJ | 58:14 | 18:47 | 4/6 | 14-16 | 132/171 | F |
| 216 | 267 | Steve Doyle | M | 60 | MARLTON | NJ | 58:25 | 18:51 | 12/17 | 60+ | 84/91 | M |
| 217 | 2069 | Michael Ryan Ryan | M | 25 | MARLTON | NJ | 58:59 | 19:02 | 60/69 | 20-29 | 85/91 | M |
| 218 | 379 | Molly Felici | F | 26 | COLLINGSWOOD | NJ | 59:00 | 19:02 | 61/69 | 20-29 | 133/171 | F |
| 219 | 594 | Chelsea Monahan | F | 25 | MARLTON | NJ | 59:03 | 19:03 | 62/69 | 20-29 | 134/171 | F |
| 220 | 2070 | Tim Ryan | M | 22 | MARLTON | NJ | 59:11 | 19:06 | 63/69 | 20-29 | 86/91 | M |
| 221 | 2033 | Barbara Orlan | F | 70 | VOORHEES | NJ | 1:00:53 | 19:39 | 13/17 | 60+ | 135/171 | F |
| 222 | 428 | Natalie Gallo | F | 28 | CHERRY HILL | NJ | 1:00:55 | 19:39 | 64/69 | 20-29 | 136/171 | F |
| 223 | 516 | Robert Hill | M | 38 | PLYMOUTH MEETING | PA | 1:01:06 | 19:43 | 69/79 | 30-39 | 87/91 | M |
| 224 | 2028 | Annemarie Nagle | F | 34 | PLYMOUTH MEETING | PA | 1:01:09 | 19:44 | 70/79 | 30-39 | 137/171 | F |
| 225 | 284 | Amanda Esposito | F | 48 | LUMBERTON | NJ | 1:03:15 | 20:24 | 44/51 | 40-49 | 138/171 | F |

RESULTS - 2019 PAWS 5K RUN

| Place | Bib# | Name | Gen | Age | City | St | Time | Pace | Div/Tot | Div | Gen/Tot | G |
|-------|------|--------------------|-----|-----|---------------|----|---------|-------|---------|-------|---------|---|
| 226 | 2100 | Jess Thedinga | F | 38 | PHILADELPHIA | PA | 1:03:23 | 20:27 | 71/79 | 30-39 | 139/171 | F |
| 227 | 582 | Kim McDonald | F | 30 | MAGNOLIA | NJ | 1:03:29 | 20:29 | 72/79 | 30-39 | 140/171 | F |
| 228 | 143 | Jacquelyn Canfield | F | 32 | MAGNOLIA | NJ | 1:03:36 | 20:31 | 73/79 | 30-39 | 141/171 | F |
| 229 | 2095 | Danielle Swanson | F | 31 | MEDFORD | NJ | 1:03:38 | 20:32 | 74/79 | 30-39 | 142/171 | F |
| 230 | 2040 | Emily Persson | F | 16 | BLACKWOOD | NJ | 1:04:00 | 20:39 | 5/6 | 14-16 | 143/171 | F |
| 231 | 2042 | Sarah Persson | F | 14 | BLACKWOOD | NJ | 1:04:02 | 20:40 | 6/6 | 14-16 | 144/171 | F |
| 232 | 190 | Rick Concepcion | M | 45 | MT. LAUREL | NJ | 1:04:18 | 20:45 | 45/51 | 40-49 | 88/91 | M |
| 233 | 5220 | Patty Wells | F | 57 | MT. LAUREL | NJ | 1:04:19 | 20:45 | 28/36 | 50-59 | 145/171 | F |
| 234 | 2041 | Eric Persson | M | 48 | BLACKWOOD | NJ | 1:04:19 | 20:45 | 46/51 | 40-49 | 89/91 | M |
| 235 | 2050 | Laurie Pwrsson | F | 46 | BLACKWOOD | NJ | 1:04:37 | 20:51 | 47/51 | 40-49 | 146/171 | F |
| 236 | 174 | Becky Charbonneau | F | 34 | LUMBERTON | NJ | 1:05:02 | 20:59 | 75/79 | 30-39 | 147/171 | F |
| 237 | 2052 | Dan Rapp | F | 27 | DEPTFORD | NJ | 1:05:18 | 21:04 | 65/69 | 20-29 | 148/171 | F |
| 238 | 164 | Bill Cassidy | M | 45 | NATIONAL PARK | NJ | 1:05:19 | 21:05 | 48/51 | 40-49 | 90/91 | M |
| 239 | 2090 | Amy Stevens | F | 60 | CHERRY HILL | NJ | 1:05:24 | 21:06 | 14/17 | 60+ | 149/171 | F |
| 240 | 5236 | Renton Huff | M | 71 | | | 1:05:25 | 21:06 | 15/17 | 60+ | 91/91 | M |
| 241 | 587 | Concetta (connie) | M F | | COLLINGSWOOD | NJ | 1:05:51 | 21:15 | | | 150/171 | F |

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|-----|------|---------------------|---|----|---------------|----|---------|-------|-------|-------|---------|---|
| 242 | 169 | Danielle Cassidy | F | 46 | NATIONAL PARK | NJ | 1:06:05 | 21:19 | 49/51 | 40-49 | 151/171 | F |
| 243 | 561 | Sonni Lyons | F | 29 | DEPTFORD | NJ | 1:06:08 | 21:20 | 66/69 | 20-29 | 152/171 | F |
| 244 | 2061 | Marianne Riley | F | 54 | DEPTFORD | NJ | 1:09:54 | 22:33 | 29/36 | 50-59 | 153/171 | F |
| 245 | 541 | Debra Kestenbaum | F | 52 | LAWRENCEVILLE | NJ | 1:09:56 | 22:34 | 30/36 | 50-59 | 154/171 | F |
| 246 | 5208 | Jillian Viscariello | F | 29 | LEVITTOWN | PA | 1:10:01 | 22:36 | 67/69 | 20-29 | 155/171 | F |
| 247 | 5229 | Kristina Viscariell | F | 32 | LEVITTOWN | PA | 1:10:01 | 22:36 | 76/79 | 30-39 | 156/171 | F |
| 248 | 51 | Autumn Banks | F | 28 | WILLINGBORO | NJ | 1:10:05 | 22:37 | 68/69 | 20-29 | 157/171 | F |
| 249 | 2037 | Christine Penningto | F | 39 | NATIONAL PARK | NJ | 1:12:19 | 23:20 | 77/79 | 30-39 | 158/171 | F |
| 250 | 279 | Katie Egan | F | 37 | SHAMONG | NJ | 1:12:25 | 23:22 | 78/79 | 30-39 | 159/171 | F |

RESULTS - 2019 PAWS 5K RUN

| Place | Bib# | Name | Gen | Age | City | St | Time | Pace | Div/Tot | Div | Gen/Tot | G |
|-------|-------|------------------|------|------|---------------|----|---------|-------|---------|-------|---------|----|
| ===== | ===== | ===== | ==== | ==== | ===== | == | ===== | ===== | ===== | ===== | ===== | == |
| 251 | 5214 | Carolyn Walsh | F | 57 | MARLTON | NJ | 1:13:26 | 23:42 | 31/36 | 50-59 | 160/171 | F |
| 252 | 189 | Laura Coelho | F | 55 | MOORESTOWN | NJ | 1:15:36 | 24:24 | 32/36 | 50-59 | 161/171 | F |
| 253 | 600 | Glori Musser | F | 50 | HAINESPORT | NJ | 1:17:06 | 24:52 | 33/36 | 50-59 | 162/171 | F |
| 254 | 218 | Paula Dean | F | 72 | NATIONAL PARK | NJ | 1:17:44 | 25:05 | 16/17 | 60+ | 163/171 | F |
| 255 | 578 | Eileen McClernan | F | 58 | OAKLYN | NJ | 1:17:49 | 25:07 | 34/36 | 50-59 | 164/171 | F |
| 256 | 116 | Norma Burke | F | 68 | WOODLYNNE | NJ | 1:17:58 | 25:09 | 17/17 | 60+ | 165/171 | F |
| 257 | 552 | Megan Liebner | F | 32 | MOUNT LAUREL | NJ | 1:18:40 | 25:23 | 79/79 | 30-39 | 166/171 | F |
| 258 | 442 | Michelle Gasior | F | 20 | MARLTON | NJ | 1:18:42 | 25:23 | 69/69 | 20-29 | 167/171 | F |
| 259 | 551 | Carole Liebner | F | 56 | WESTAMPTON | NJ | 1:19:05 | 25:31 | 35/36 | 50-59 | 168/171 | F |
| 260 | 276 | Darlene Dreyer | F | 44 | COLUMBUS | NJ | 1:20:23 | 25:56 | 50/51 | 40-49 | 169/171 | F |
| 261 | 484 | Lucy Halter | F | 59 | LAWRENCEVILLE | NJ | 1:20:27 | 25:57 | 36/36 | 50-59 | 170/171 | F |
| 262 | 5210 | Suzanne Vrana | F | 45 | PHILADELPHIA | PA | 1:20:56 | 26:07 | 51/51 | 40-49 | 171/171 | F |